

## **Timeline of Your Nu/Hart Hair Transplant**

Here is the Nu/Hart's recommended general process after your hair transplant session.

**DAY 1:** Rest and relax. Keep your head elevated. Follow your post-operative instructions and take medications as directed. Expect some soreness, tightness, and possibly some numbness. A small bit of oozing is normal.

**DAYS 2-7:** Shower and gently wash your hair using a cup method. Scabs start to disappear. Moderate redness may be present. Some swelling may appear on the forehead. Soreness decreases. Resume some normal activities.

**DAYS 7-9:** Swelling usually has subsided. Redness is almost gone. Soreness is generally gone. In some rare cases, persistent numbness remains.

**DAYS 10-14** With NeoGrafting (FUE), the donor area is usually healed. With Rapid Results (strip method), stitches are generally removed at approximately 10 days. Your grafts are permanent and will not be dislodged. Return to normal shampooing and remove any residual scabs. Start to return to your normal active routine.

**4 WEEKS:** You may color treat your hair.

**2-6 MONTHS:** Your transplanted hair starts to grow. You're encouraged to make your six-month follow-up visit with Nu/Hart.

**7-11 MONTHS:** You are getting significant length to the transplanted hair and have the ability to style and groom it as you wish.

**12 MONTHS:** Most results of your Nu/Hart Hair transplant has grown in. You will notice some additional growth and fullness for up to 2 years.